

We're so grateful for another amazing year of serving. We've accomplished a lot this year and wanted to share as 2022 comes to a close.

Once again we were able to award our annual scholarship! Our winner Jady is a very deserving high school student, pursuing college dealing with IIH & POTS. Also we were able to help 4 families financially as they dealt with ongoing medical test. Our patient advocacy helped more people than ever this year (we're really proud of that). In addition we sent multiple hospital boxes to patients & continued to volunteer locally. We even partnered with local businesses to get even more items into our hospital boxes. Now including essential oils. Soon we'll have silk scarves/hats. We've gathered resources on life insurance for the disabled and chronically ill. And even already have applications for next year's scholarship!

This year we were again awarded the Gold Star of transparency through Guidestar. We took training and became certified to teach seizure first aid!! From September through November we raised awareness about Intracranial hypertension, Chiari Malformation, and Epilepsy. Our in person event this November was a great success we raised over \$600 & reached more people than ever locally. We donated one wig this year and had one participant in our Adapting Abilities program. That participant was an expectant mother with physical disabilities from a Traumatic Brain injury. She needed assistance carrying her baby & we were ready to help with donated baby carriers to make life with baby easier. We also continued our participation in research projects on Epilepsy & IIH.



We are looking forward to more growth, more serving in 2023. We will be donating to the Mayo Foundation CSF clinical Trials Research project this year. Next year we hope to have more events, webinars and awareness. Thank you all for the unwavering support, continued donations and for every review, like share, comment, all of it. Thank you. We wouldn't be able to do what we do without our supporters.

We're still writing and sharing my personal story on our blog & through The Mighty if you'd like to read. Should you need services from us head to www.enduringminds.com interested in Seizure first aid or Mental health first aid email us at enduringmindstf@gmail.com. To help us continue to serve, you can donate to us here, on our website, via PayPal or by selecting us as your charity on Amazon smiles. You can purchase books, tote bags & more on our website to help us continue our mission



ESSENCE UNIQUE
GOD
must think
I'M A
BAD ASS

KEEP
ENDURING

Endurance is not just the ability to bear a hard thing, but to turn it into glory" - William Barclay

KEEP
ENDURING

Nothing is impossible. The word itself says "I'm possible!" - Audrey Hepburn

KEEP ENDURING
Together we can endure anything!

We are a Better Business Bureau accredited, 501©3 non profit organization and Together we can endure anything.

